Based on the average October Sunday Mass count from 2015-2021, about **60%** of Mass-going Catholics participated in the DMI Survey. This equates to **22%** of all registered adult Catholics 18 years and older who participated in the survey. This is above the national average for other dioceses who have taken the DMI nationwide.

**STRENGTHS**

**Highest Percentage**

- I believe the Eucharist is the Body and Blood of Christ: 68% Strongly Agree, 17% Agree, 5% Neither Agree nor Disagree, 2% Disagree, 6% Strongly Disagree
- I believe Scripture is the Word of God: 67% Strongly Agree, 20% Agree, 4% Neither Agree nor Disagree, 12% Disagree, 6% Strongly Disagree
- I would recommend my parish to a friend: 55% Strongly Agree, 31% Agree, 8% Neither Agree nor Disagree, 3% Disagree, 3% Strongly Disagree
- I would recommend my pastor to a friend: 51% Strongly Agree, 27% Agree, 12% Neither Agree nor Disagree, 5% Disagree, 4% Strongly Disagree
- My parish provides me with opportunities to serve those in need: 39% Strongly Agree, 42% Agree, 12% Neither Agree nor Disagree, 3% Disagree, 4% Strongly Disagree

**Highest Percentage Monthly or More Often**

- Mass Attendance Frequency: 10% Daily, 73% Weekly, 8% Monthly, 4% Quarterly, 3% Once or Twice a Year, 3% Never
- Individual Prayer Time Frequency: 63% Daily, 20% Weekly, 6% Monthly, 3% Quarterly, 5% Once or Twice a Year, 3% Never
- Prayed with Someone Outside of Mass Frequency: 19% Daily, 17% Weekly, 14% Monthly, 13% Quarterly, 22% Once or Twice a Year, 15% Never
HOW I PERSONALLY VIEW THE SUNDAY MASS

- The community is welcoming: 44% Strongly Agree, 36% Agree, 10% Neither Agree nor Disagree, 3% Disagree, 7% Strongly Disagree.
- I find growth during Mass: 36% Strongly Agree, 36% Agree, 14% Neither Agree nor Disagree, 7% Disagree, 7% Strongly Disagree.
- The music deepens my participation: 31% Strongly Agree, 33% Agree, 20% Neither Agree nor Disagree, 10% Disagree, 6% Strongly Disagree.
- I find growth from the preaching: 38% Strongly Agree, 37% Agree, 12% Neither Agree nor Disagree, 6% Disagree, 7% Strongly Disagree.

OPPORTUNITIES

With respect to the areas in which survey respondents felt they needed the most support from their parishes, the most significant were:

- Sharing my personal story: 16% Strongly Agree, 29% Agree, 39% Neither Agree nor Disagree, 11% Disagree.
- My confidence in Church teachings: 19% Strongly Agree, 37% Agree, 30% Neither Agree nor Disagree, 8% Disagree, 6% Strongly Disagree.
- Sharing the story of Jesus: 19% Strongly Agree, 39% Agree, 28% Neither Agree nor Disagree, 8% Disagree, 5% Strongly Disagree.

Low Percentages for Monthly or More Often:

- Frequency of retreat participation: 26% Daily, 71% Weekly, 9% Monthly, 3% Quarterly, 1% Once or Twice a Year, 1% Never.
- Invite someone to religious life: 14% Daily, 82% Weekly, 2% Monthly, 2% Quarterly, 1% Once or Twice a Year, 1% Never.
- Invited a man to priesthood: 11% Daily, 85% Weekly, 2% Monthly, 2% Quarterly, 1% Once or Twice a Year, 1% Never.
- Confession: 8% Daily, 13% Weekly, 44% Monthly, 33% Quarterly, 3% Once or Twice a Year, 1% Never.
- Eucharistic Adoration: 15% Daily, 9% Weekly, 9% Monthly, 23% Quarterly, 41% Once or Twice a Year, 1% Never.

Disciple Maker Index (DMI)
One of the main goals of All Things New is that all Catholics understand their call to evangelize and are empowered to be missionary disciples in everyday life — to spread the Gospel message and to ensure a Catholic presence in every square mile of the Archdiocese of St. Louis through missionary outreach, parish and school footprint, and dynamic leadership.

The Evangelization Subcommittee for All Things New along with clergy and lay leaders have been working together developing and refining a “Path of Discipleship” that helps us understand how each of us are called to 

- **Encounter** Christ,
- **Grow** in our relationship with Him and **Witness** him to others as we are sent out from our parishes as missionaries to meet people where they are and invite them to meet Jesus. As the Disciple Maker Index results from across the archdiocese show, the Church in St. Louis is starting on a strong foundation.

### FOSTERING SPIRITUAL GROWTH

<table>
<thead>
<tr>
<th>My parish helps me grow spiritually as a Catholic</th>
<th>My parish helps me develop a personal prayer life</th>
<th>My parish helps connect me with a small faith-sharing group</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Bar Chart" /></td>
<td><img src="image2.png" alt="Bar Chart" /></td>
<td><img src="image3.png" alt="Bar Chart" /></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>My parish provides retreats, workshops and other resources</th>
<th>My parish prepares me/my family for the sacraments</th>
<th>My parish helps me recognize how God is working in my life</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image4.png" alt="Bar Chart" /></td>
<td><img src="image5.png" alt="Bar Chart" /></td>
<td><img src="image6.png" alt="Bar Chart" /></td>
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Disciple Maker Index (DMI)